



Parkinson
Vivre et Travailler

Press Release

Launch of "PARKINSON App" by the "Parkinson Vivre & Travailler" Association for its 4th Anniversary

Today marks a significant milestone for the "Parkinson Vivre & Travailler" (PVT) association as it celebrates its 4th anniversary. As part of this major event, the association is proud to announce the launch of its brand-new application, "PARKINSON App".

Designed by Parkinson's patients for Parkinson's patients, "PARKINSON App" is a free mobile application or smartphone app available in both French and English, aiming to facilitate self-management and symptom tracking for patients with Parkinson's disease. This application offers a set of essential tools divided into four distinct parts:

1. **Symptom awareness and assessment:** Provides detailed information on the symptoms of the disease, as well as therapies that can relieve and improve the quality of life for patients; allows patients to assess the "troubles" of each of their own symptoms and track their progress.
2. **Symptom integration into daily activities:** Offers advice for adapting the workplace based on the patient's specific symptoms, and tracks their comfort at work, thus enabling patients to better manage their professional lives.
3. **Activity and appointment management:** Provides an integrated calendar and a daily list of activities to validate, thereby facilitating the planning and daily organization of patients.
4. **Reports to share:** Allows users to create a summary of their activities and the progression of their symptoms, and easily share it with their therapist for personalized monitoring and a more detailed diagnosis.

To access the application tutorial, please visit: <https://parkinson-vivre-travailler.com/lapplication>.

Since its creation in 2023, "PARKINSON App" has recorded 600 consultations, including 100 active accounts, demonstrating active engagement from users. Among them, two-thirds are French-speaking users, while one-third uses the English version of the application.

THE "Parkinson Vivre & Travailler" (PVT) ASSOCIATION

Over the past four years, "Parkinson Vivre & Travailler" (PVT) has made significant strides in raising awareness and supporting patients with Parkinson's disease. With 550 members and a website <https://parkinson-vivre-travailler.com>, the association is committed to providing valuable information on recommended complementary therapies while respecting the medication treatments prescribed by neurologists.

Additionally, the association offers a monthly radio broadcast titled "Espoir sans tremblement" (Hope without Tremor), available as a podcast on <https://www.youtube.com/@ParkinsonVivretravailler>. This broadcast provides a platform for the exchange and sharing of vital information for patients and their caregivers, with the participation of renowned experts in the field of neurology.

REMINDER ABOUT PARKINSON'S DISEASE

Parkinson's disease remains a major public health challenge, affecting more than 270,000 people in France and over 10 million worldwide. Although primarily associated with the elderly, the disease also affects an increasingly younger population, thus requiring tailored support and assistance to maintain an optimal quality of life.

"Parkinson Vivre & Travailler" (PVT) remains committed to supporting patients with Parkinson's disease and promoting autonomy and quality of life through innovative initiatives such as "PARKINSON App".

For more information about the association and its initiatives, please contact:

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About "Parkinson Vivre & Travailler" (PVT): "Parkinson Vivre & Travailler" (PVT) is a non-profit organization dedicated to raising awareness, providing support, and accompanying individuals affected by Parkinson's disease. Since its inception, the association has endeavored to provide valuable resources and essential support to improve the quality of life for patients and their families.

